OFFICE PRACTICE

PHYSICS

CHEMISTRY

I.R.E

OLULIMI - LUGANDA

HOME MANAGEMENT PAPER1&2 2006

PAPER 1

THEORY

SECTION 1

Answer three questions from this section.

- 1. a) Define the following and explain their importance in laundry.
 - (i) Damping
 - (ii) Steeping
 - b) how would you prevent felting during the laundering of a woolen garment?
 - c) Explain how you would launder cotton linen of a person who has been suffering from measles.

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- d) Outline the method of removing the following stains from a cotton fabric:
 - (i) Blood
 - (ii) Ink
 - (iii) Perspiration.
- 2. a) outline the qualities of the following:
 - (i) soft water
 - (ii) good soap
 - b) Describe the preparation of boiling water starch.
 - c) State the concentration of boiling water starch suitable for starching the following articles:
 - (i) Table napkin
 - (ii) Cotton blouse
 - d) Differentiate between passing and ironing.
- 3. a) What accidents are likely to occur to children left alone in the kitchen?
 - b) Explain the first aid you would administer to a person with the following condition:
 - (i) Choking
 - (ii) Electric shock
 - c) Outline the facts a first aider should know before helping a victim.
- 4. a) Differentiate between dust and dirt.
 - b) Give reasons why the following are done:
 - (i) Keeping surfaces clean.
 - (ii) Wearing shoes.
 - c) (i) what control measures would you take to reduce pests in a home?
 - (ii) Outline the dangers of household pests.
- 5. a) What are the general points to consider when planning meals for pre-school children?

b) Giving reasons, list down the good food habits which should be encouraged in children at an early stage of their life.

c) With reasons, describe one method of cooking food which is considered suitable for sick people.

SECTION II

Answer two questions from this section.

- 6. a) Enumerate the complications that may arise during pregnancy.
 - b) Describe three traditional practices that can be dangerous to the health of an expectant mother.
 - c) (i) what is the importance of antenatal clinic?

(ii) Explain the advantages of adequate child spacing.

7. a) (i) what is weaning?

(ii) Outline the importance guidelines to follow when weaning a baby.

- b) State the causes and remedies of the following problems in babies:
 - (i) Constipation
 - (ii) Colic
- c) Describe the activities that mothers can initiative to enhance the development of a child in the following areas:
 - (i) Physical
 - (ii)Social
 - (iii) intellectual
- 8. a) State the general points to bear in mind when caring for a child suffering from an infectious disease.

b) Outline factors hindering successful immunization programme in Uganda.

c) Name four diseases spread by having dirty, crowded environments.

d) What can the mother do to enable a baby cope with changes in daily and seasonal temperatures?