OFFICE PRACTICE

PHYSICS

CHEMISTRY

I.R.E

OLULIMI - LUGANDA

HOME MANAGEMENT PAPER1&2 2003

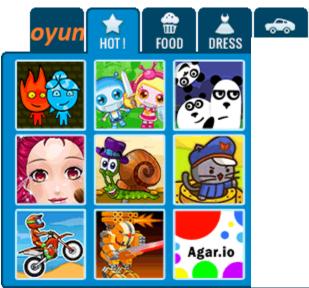
PAPER 1

THEORY

SECTION I

Answer three questions from this section.

- 1. a) Differentiate between daily and periodic cleaning.
 - b) How would you carry out daily cleaning of a bathroom?
 - c) Write notes on daily care of the following:
 - (i) Stainless steel kitchen sink.
 - (ii) Wooden chopping board
- 2. a) What is the importance of administering first aid to a victim?
 - b) State the qualities of a good first aider.
 - c) How can accidents in a home be prevented?
- 3. a) Explain the points to guide you when purchasing an electric an electric iron.
 - b) What alternative sources of heat are used commonly in ironing in absence of electricity?



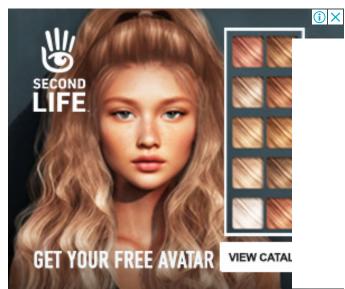
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c) Describe the procedure to follow when ironing a white cotton shirt.



4. a) Differentiate between the manufacture of soap and that of soap less detergents.

b) What are the advantages of using soap less detergents in laundry?

- c) Describe the process preparing laundry starch from a fresh cassava root.
- 5. a) What is a beverage?
 - b) Give at least four beverages that are commonly used in diet.
 - c) Discuss the functions of beverages in the human body.
 - d) State points to bear in mind when settling table for a formal lunch.

SECTION II

Answer two questions from this section.

- 6. a) Outline the guiding points when selecting fabrics for baby's clothing.
 - b) How would you specifically care for baby's clothing during laundry?
 - c) Describe how you would deal with the baby's soiled and discolored nappies.
- 7. a) List the common infectious diseases that are immunized against in Uganda.
 - b) Why is it important to immunize against the diseases in (a)?
 - c) Outline the immunization schedule for a child up to five years of age.
- 8. a) What are signs of illness in a child?
 - b) Explain how you would nurse a child with diarrhea.
 - c) How are bedsores of a bed ridden child prevented?

PAPER 2

PRACTICAL

- 1. You are expecting visitors for tea.
 - a) Carry out weekly cleaning of the living room where tea will be served.
 - b) Launder a set of table linen and show skill in removing fruit stain. Finish the table linen with boiling water starch.
 - c) Prepare, cook and serve two baked items with tea.
- 2. a) Using traditional foods prepare cook and serve an appetizing two course meal for a family of four.
 - b) Thoroughly clean a stained aluminum saucepan and tidy up the kitchen.
 - c) Show your skills in knitting by ribbing five rows and laundering a knitted garment.
- 3. You have been left with young brother suffering from diarrhea.
 - a) Thoroughly clean a toilet he has used.
 - b) Launder a selection of his bed linen including pajamas.
 - c) Prepare, cook and serve a nourishing meal for him.
- 4. A group of expectant mothers has been invited for a one day seminar on child care.
 - a) (i) Demonstrate to the to how to make one weaning dish for an eight months baby using a cereal of your choice.
 - (ii) Prepare a suitable drink and sponge cake for the expectant mothers.
 - b) Thoroughly clean and arrange the room to be used for the seminar.
 - c) Launder a selection of clothes and bedding.
- 5. Your colleague is playing a two day visit to you.
 - a) Prepare, cook and serve a two course meal for both of you.
 - b) Thoroughly clean and arrange her bedroom and a bed infested with bedbugs.
 - c) Launder the clothes she used for the journey.
- 6. You have just had your morning bath.
 - a) Thoroughly clean the bathroom you have used.

b) Wash your discolored bed sheets, a towel and bed cover.

c) Prepare a main course meal for a family of three including a toddler recovering from measles.

7. You have been asked to assist a young mother to look after her ten months old baby.

a) (i) Thoroughly clean and arrange a play area for the baby.

(ii) Make a suitable toy for the baby.

b) Launder the mother's bed sheets and carry out the day's wash for the baby.

c) Prepare, cook and serve a midday meal for the three of you(including the baby).

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